FOR IMMEDIATE RELEASE:

Austin, Texas – August 10, 2011

Contact:
Russell Burns, Director
512-970-5626
info@austinyogafestival.com
www.austinyogafestival.com
Jyl Kutsche, Social Media Director
512-796-8606
info@austinyogafestival.com

What: 1st Annual Austin Yoga Festival
When: October 8 & 9, 2011
Where: Fiesta Gardens
2102 Jesse E. Segovia Street
Austin, TX 78702
Tickets: $25/day pass, $40/early bird two day pass.
Sign up for ticketing online at: www.austinyogafestival.com/tickets/

The FIRST ANNUAL Austin Yoga Festival will be taking place during the weekend of October 8th & 9th at Fiesta Gardens. The Festival will be a celebration of all styles of yoga, bringing together Austin's finest yoga studios, teachers, ayurvedic practitioners, and holistic wellness providers. The aim is to raise awareness of the benefits of yoga and to provide a family friendly space to practice yoga, listen to ayurvedic and wellness experts, shop among yogic vendors, listen to yoga (kirtan) musicians, chant, sing & dance to Rattletree Marimba – sure to be a "keeping it weird" Austin original.

Over 30 of Austin's finest yoga instructors will be leading classes on the festival's four stages, bringing together the widest range of yoga Austin has ever seen – from kids classes to kundalini, from beginner to ashtanga vinyasa – there will be something for everyone!

The complete schedule of classes & instructors may be found on the website:
http://austinyogafestival.com/schedule/

A percentage of all ticket sales from the Festival will go towards supporting several local organizations: Austin Food Bank, Community Yoga, Amala Foundation & Yoga Care Foundation.
